

January 2021 CITY STATION PRESCHOOL SNACK MENU

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
TEACHER WORK DAY— NO SCHOOL	AM SNACK —Goldfish & dried cranberries PM SNACK —apple sauce & graham crackers	AM SNACK —Goldfish & dried cranberries PM SNACK —apple sauce & graham crackers	AM SNACK —Goldfish & dried cranberries PM SNACK —apple sauce & graham crackers	AM SNACK —Goldfish & dried cranberries PM SNACK —apple sauce & graham crackers
11	12	13	14	15
AM SNACK —Cheerios & bananas PM SNACK —string cheese & crackers	AM SNACK —Cheerios & bananas PM SNACK —string cheese & crackers	AM SNACK —Cheerios & bananas PM SNACK —string cheese & crackers	AM SNACK —Cheerios & bananas PM SNACK —string cheese & crackers	AM SNACK —Cheerios & bananas PM SNACK —string cheese & crackers
18	19	20	21	22
MLK DAY— NO SCHOOL	AM SNACK —Rice Chex cereal & raisins PM SNACK —yogurt pouch & pretzels/veggie sticks	AM SNACK — Rice Chex cereal & raisins PM SNACK —yogurt pouch & pretzels/veggie sticks	AM SNACK — Rice Chex cereal & raisins PM SNACK —yogurt pouch & pretzels/veggie sticks	AM SNACK — Rice Chex cereal & raisins PM SNACK —yogurt pouch & pretzels/veggie sticks
25	26	27	28	29
AM SNACK —snack mix PM SNACK —fresh fruit & cereal bar	AM SNACK —snack mix PM SNACK —fresh fruit & Belvita breakfast biscuit	AM SNACK —snack mix PM SNACK —fresh fruit & Belvita breakfast biscuit	AM SNACK —snack mix PM SNACK —fresh fruit & fig bar	AM SNACK —snack mix PM SNACK —fresh fruit & fig bar

January 2021 CITY STATION PRESCHOOL LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
TEACHER WORK DAY— NO SCHOOL	Sliced turkey & cheese with crackers Lima Beans Sliced peaches	Mini pancakes Yogurt Hash browns Pineapple chunks	Parmesan pasta Green beans Whole grain roll Bananas	Cheese pizza Veggie straws Applesauce
11	12	13	14	15
Chicken nuggets Macaroni & cheese Green beans Mandarin oranges	Sliced turkey & cheese (1s) Sunbutter sandwich Steamed peas Sliced peaches	French toast sticks Yogurt Hash browns Pineapple chunks	Fish sticks Rice Steamed broccoli Diced pears	Cheese pizza Whole kernel corn Applesauce
18	19	20	21	22
MLK DAY— NO SCHOOL	Sliced turkey & cheese with crackers Lima Beans Sliced peaches	Mini pancakes Yogurt Hash browns Pineapple chunks	Parmesan pasta Green beans Whole grain roll Bananas	Cheese pizza Veggie straws Applesauce
25	26	27	28	29
Cheese quesadilla Black beans Mandarin oranges	Sliced turkey & cheese (1s) Sunbutter sandwich Steamed peas Sliced peaches	French toast sticks Yogurt Hash browns Pineapple chunks	Fish sticks Rice Steamed broccoli Bananas	Cheese pizza Whole kernel corn Applesauce