

February 2020 CITY STATION PRESCHOOL SNACK MENU

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
AM SNACK —dried cranberries & whole grain Goldfish	AM SNACK —dried cranberries & whole grain Goldfish	AM SNACK —dried cranberries & whole grain Goldfish	AM SNACK —dried cranberries & whole grain Goldfish	AM SNACK —dried cranberries & whole grain Goldfish
PM SNACK —apple sauce & graham crackers	PM SNACK —apple sauce & graham crackers	PM SNACK —apple sauce & graham crackers	PM SNACK —apple sauce & graham crackers	PM SNACK —apple sauce & graham crackers
10	11	12	13	14
AM SNACK —bananas & Cheerios	AM SNACK —bananas & Cheerios	AM SNACK —bananas & Cheerios	AM SNACK —bananas & Cheerios	AM SNACK —bananas & Cheerios
PM SNACK —string cheese & whole wheat crackers	PM SNACK —string cheese & whole wheat crackers	PM SNACK —string cheese & whole wheat crackers	PM SNACK —string cheese & whole wheat crackers	PM SNACK —string cheese & whole wheat crackers
17	18	19	20	21
President's Day School Closed	AM SNACK —raisins & Rice Chex cereal PM SNACK —yogurt pouch & pretzels/veggie sticks	AM SNACK —raisins & Rice Chex cereal PM SNACK —yogurt pouch & pretzels/veggie sticks	AM SNACK —raisins & Rice Chex cereal PM SNACK —yogurt pouch & pretzels/veggie sticks	AM SNACK —raisins & Rice Chex cereal PM SNACK —yogurt pouch & pretzels/veggie sticks
24	25	26	27	28
AM SNACK —snack mix	AM SNACK —snack mix	AM SNACK —snack mix	AM SNACK —snack mix	AM SNACK —snack mix
PM SNACK —fresh fruit & cereal bar	PM SNACK —fresh fruit & Belvita breakfast biscuit	PM SNACK —fresh fruit & Belvita breakfast biscuit	PM SNACK —fresh fruit & fig bar	PM SNACK —fresh fruit & fig bar

February 2020 CITY STATION PRESCHOOL LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Cheese quesadilla Black beans Mandarin oranges	Sunbutter sandwich (2-4s) Turkey & cheese (1's) Crackers (1s) Lima beans Pineapple chunks	Mini pancakes or french toast sticks Yogurt Hash browns Sliced peaches	Fish sticks Rice Steamed broccoli Bananas	Cheese pizza Whole kernel corn Applesauce
10	11	12	13	14
Dino chicken nuggets Macaroni & cheese Green beans Mandarin oranges	Sunbutter sandwich (2-4s) Turkey & cheese (1's) Crackers (1s) Lima beans Pineapple chunks	Parmesan pasta Green beans Whole grain roll Sliced peaches	Grilled cheese sandwich Diced, steamed carrots Bananas	Cheese pizza Veggie straws Applesauce
17	18	19	20	21
President's Day School Closed	Sunbutter sandwich (2-4s) Turkey & cheese (1's)Crackers (1s) Lima beans Pineapple chunks	Mini pancakes or french toast sticks Yogurt Hash browns Sliced peaches	Fish sticks Rice Steamed broccoli Bananas	Cheese pizza Whole kernel corn Applesauce
24	25	26	27	28
Dino chicken nuggets Macaroni & cheese Green beans Mandarin oranges	Sunbutter sandwich (2-4s) Turkey & cheese (1's) Crackers (1s) Lima beans Pineapple chunks	Parmesan pasta Green beans Whole grain roll Sliced peaches	Grilled cheese sandwich Diced, steamed carrots Bananas	Cheese pizza Veggie straws Applesauce
1% Milk served to children ages 2-5. Whole milk served to children age 1.				